

Bimonthly Newsletter - 2020

Mar-Apr



WE WORK THE TALK!

TWENTY THREE YEARS IN THE SERVICE OF HUMANITY

NTR MEMORIAL TRUST

Road No-2, Banjara Hills,
Hyderabad – 500032.
Ph: 040 – 30145800 / 30799999.
E-Mail: info@ntrtrust.org

Blood banks:

Hyderabad:
040 - 30799999
Visakhapatnam:
0891 - 2565858
Tirupathi:
0877 - 2255668

Education:

Model School:
9912341941, 8885553475
College:
7660002627/28

Support us:

❖ Donate through NEFT :

Account Name -NTR Memorial Trust
Account Number - 50100034051074
Account Type - Current
Bank Name – HDFC Bank
Branch – Lakdikapul
IFSC Code –HDFC0000021.

❖ Donate by Cheque/ Demand Draft
in favor of "NTR Memorial Trust"

❖ Donate Online:
[http://ntrtrust://ntrtrust.org/donate
-now/](http://ntrtrust://ntrtrust.org/donate-now/)

- ❖ Donations to NTR Memorial Trust are eligible for exemption under Sec 80(G) of IT Act.
- ❖ For more details please call on 040-30145800 / 9100433499 or write to donations@ntrtrust.org



WE WORK THE TALK!



HIGHLIGHTS

COVID-19 Relief activates.



South Indian Film actor, Mr. Nani and Mrs. Nani have donated blood during this COVID 19 lockdown at their residence and NTR Memorial Trust salutes the amazing spirit of all donors who came forward for donating blood.

NTR Memorial Trust has been providing humanitarian relief and assistance to the poor and needy people by providing dry rations (Rice, Sugar, Toor Dal, Atta, Maida, Finger Millet Flour, Salt, Eggs, Sunflower oil), Vegetables and Fruits to 20,000 families and more than 3000 cooked food packets and Biscuit packets were distributed to the migrant labourers and daily wagers at various locations in Andhra Pradesh & Telangana due to COVID-19 Pandemic.

2,50,000 SS 96 face masks have been procured and distributed among the needy population in Andhra Pradesh & Telangana.

NTR Memorial Trust Blood Bank, Tirupati has celebrated its First Anniversary on 20 April 2020 and several voluntary donors came forward and donated blood.

NTR Memorial Trust Blood Bank, Hyderabad organized a Voluntary Blood Donation Drive on the eve of 70th birthday of Founder Trustee of NTR Memorial Trust , Sri Nara Chandra Babu Naidu garu.

AREAS WE SERVE



HEALTH CARE



EDUCATION



EMPOWERMENT & LIVELIHOODS



DISASTER RESPONSE & RELIEF



KEY HIGHLIGHTS

BLOOD BANKS

Our Blood Bank Partners:

- ❖ Abhayam Charitable Trust, Visakhapatnam
- ❖ PPR Naidu Charitable Trust, Visakhapatnam
- ❖ Satya Sai Seva Mandir, Visakhapatnam
- ❖ Akanksha Foundation, Visakhapatnam
- ❖ Sri. Pilla Venkatrao
- ❖ Pharmaceuticals Team, Visakhapatnam
- ❖ Kalinga Komati Welfare Association, Visakhapatnam
- ❖ Anjan Heights, Goutami Enclave Residents of Hyderabad
- ❖ IDPL Cooperative Society, Kukatpally
- ❖ Renova Neelima Hospitals, Hyderabad
- ❖ Subhodaya Colony, Kukatpally, Hyderabad
- ❖ Seven Hills Apartment, Nizampet, Hyderabad.



BLOOD BANKS

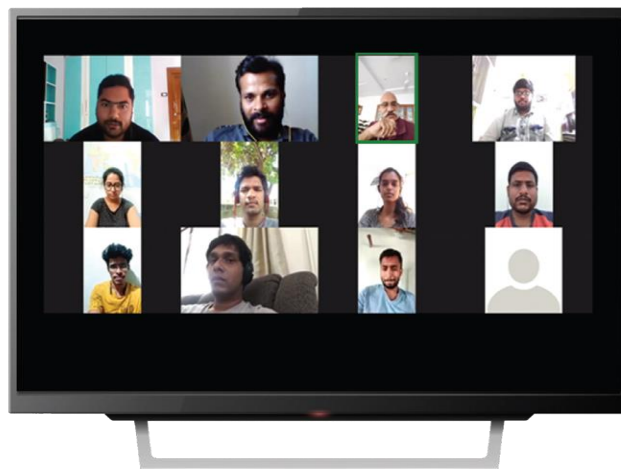


31 | Blood donation Camps

4,905 | Beneficiaries



KEY HIGHLIGHTS



Online Education continues uninterrupted at NTR Educational Institutions due to pandemic situation of COVID 19. Our Academic staff have been successfully conducting online classes to all the students. The classes were conducted in a professional manner to keep the students engaged. The Teachers remained alert in handling the questions as well as ensure that the students are paying attention through random checks. The regularity of the classes is well maintained and the school has kept the operations up, running along with ensuring that health and safety of all is protected. These online classes have been a very effective way of being in touch with the students and ensure connect with the academics. Students are very excited as it is a new way of learning and they get to learn from their teachers even when they are not allowed to go out.



OTHER ACTIVITIES

Social Media Campaign was also launched to create awareness among the people about precautions to be taken to prevent COVID-19 infections.



NTR MEMORIAL TRUST

have supported COVID-19 affected families

ntrtrust.org



20,000+

GROCERY KITS
DISTRIBUTED



2,50,000+

MASKS
DISTRIBUTED



3,000+

PACKED FOOD
DISTRIBUTED










We salute all donors, who supported us.
Please come forward to donate now

how to wear a mask













COVID-19 CORONAVIRUS

THE SYMPTOMS OF COVID-19

PREVENTION FROM COVID-19

COVID19 | CORONAVIRUS PREVENTION 2019 - nCoV



Wear mask




Wash hands




Boil your food



Avoid contact



Use soap & Antibacterial gel



Cough on your elbow



Keep your distance



Regular sleep



FIGHT AGAINST COVID-19



1 Grocery Kit
Rs.350/-



10 Masks
Rs.150/-



10 Packets of Cooked
Meals Rs.250/-

DONATE NOW

www.ntrtrust.org

COVID-19

Help prevent the spread of respiratory diseases like COVID-19

+ WASH YOUR HANDS

Wash your hands with soap and warm water regularly.



+ COVER A COUGH OR SNEEZE

Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hands afterward.



+ DON'T TOUCH

Avoid touching eyes, nose or mouth, especially with unwashed hands.



+ KEEP YOUR DISTANCE

Avoid close contact with people who are sick.



+ STAY HOME

If you experience respiratory symptoms like a cough or fever, stay home.



NTR MEMORIAL TRUST BLOOD BANKS

HYDERABAD
Banjara Hills, 540 - 2079999

VISAKHAPATNAM
Waltair Road, 0891 - 2505888

TIRUPATI
Katakammala Street, 0877 - 2205888

Tapping into Age-old Wisdom of AYURVEDA DURING COVID-19



Simple Ayurvedic Remedies



Nasal application

Apply sesame oil/coconut oil or Ghee in both the nostrils (Pratimarsh Nasya) in morning & evening



Oil pulling therapy

Swish your mouth with 1 tsp sesame or coconut oil for 2 to 3 minutes & spit it off, followed by warm water rinse (once or twice a day)



For dry cough/sore throat

Practice steam inhalation with fresh Mint leaves or Caraway seeds (once a day)

Take clove powder mixed with honey (2-3 times a day)



*Reference from Ministry of AYUSH.

NTR Memorial Trust

Road No 2, Banjara Hills, Hyderabad

www.ntrtrust.org

info@ntrtrust.org

040 - 3014 5800

Follow Us:



www.ntrtrust.org



[www.fb.com/ntrmemorialtrust](https://www.facebook.com/ntrmemorialtrust)



[@ntrtrust](https://twitter.com/ntrtrust)



www.youtube.com/ntrtrustofficial

This is not a statutory News Letter and the information contained herein is based on the data available with NTR Memorial Trust. All the photographs are used for illustrative purposes only.

[To Subscribe or Unsubscribe to NTR Trust e-Newsletter email on info@ntrtrust.org]