

# NEWS LETTER

SEPTEMBER - OCTOBER 2021

సామాజిక సేవాపథంలో ఇరవై నాలుగేళ్ళు



## WE WORK THE TALK!

TWENTY FOUR YEARS IN THE SERVICE OF HUMANITY

### HEALTH CARE

#### MEDICAL CAMPS

Medical Camps	06
Beneficiaries	601

#### BLOOD CENTRE

Blood Donation Camps	34
Beneficiaries	6353

#### NTR MEMORIAL BLOOD CENTRES

Hyderabad - 040 - 48 577 888  
Visakhapatnam - 0891 - 256 58 58  
Tirupati - 0877 2255 668

#### NTR MEMORIAL TRUST

Road No. 2, Banjara Hills, Hyderabad - 500 034  
040 - 48 577 888

To know more about NTR Memorial Trust please log on to [www.ntrtrust.org](http://www.ntrtrust.org)

## HIGHLIGHTS

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A warm farewell  
was given to  
outgoing COO  
Mr. Y Mohan Rao

### WELCOME TO Dr. M.V. RAMA RAO, ACADEMIC DEAN

Dr M.V.Rama Rao has taken the reins as Academic Dean of NTR group of Educational Institutions on 22/09/2021. He did his Master's Degree in Political Science from University of Hyderabad and Doctorate from the same prestigious University. He became a teacher by choice not by chance. He was associated with many premier Civil Services Academies in India including some premier institutions in Delhi and Bangalore. Prior to joining NTR Trust, Dr. Rao served as the consultant for Narayana IAS Academy for ten years. He has to his credit a book on Civil Services coauthored by him. He was involved in the mentorship programmes for many successful CIVILS students. He actively participated in many Social Service activities, wrote articles for different newspapers and Research Journals.

## GANDHI JAYANTI

Paid homage to The Father of the Nation Mahatma Gandhi on his birth anniversary at NTR Junior and Degree College for Women in Gandipet, Hyderabad; & NTR Model School, Challapalli, Krishna District. Principal of NTR Junior & Degree College Sh K Srinivas Rao initiated the program along with the Chief Executive Officer of NTR Memorial Trust - K. Rajendra Kumar IPS (Retd). He addressed the gathering and highlighted Gandhi's efforts during the fighting for Independence India & motivated the people on this gracious occasion. Dean M.V. Rama Rao, Lecturers, Students and supporting staff also participated. Presentation of Tableaus, singing patriotic songs, speeches and felicitation were the highlights of the day.

Similar program was also held at NTR Model School, Challapalli in the presence of Director Sh Nandamuri Satya Prasad garu



## POLICE COMMEMORATION DAY

More than 35,000 Indian police personnel laid down their lives at the altar of duty while upholding the Constitution & preserving the Sovereignty, Unity and Integrity of the Nation since 1947, a little-known fact. The contribution of the Police in upholding the Constitution, rule of law, protection of lives and property of the people and fighting challenges like insurgency in NE, Left Wing Extremism, Terrorism, and 4G Hybrid warfare in J&K/other parts of the Country, maintenance of Public Order despite severe provocations by the violent mobs, Cyber Crimes and many other criminal/social crimes goes unnoticed and unacknowledged.

**A grateful nation Salutes its martyrs**

*Jai Hind*

K. Rajendra Kumar IPS (Retd)  
CEO, NTR Memorial Trust

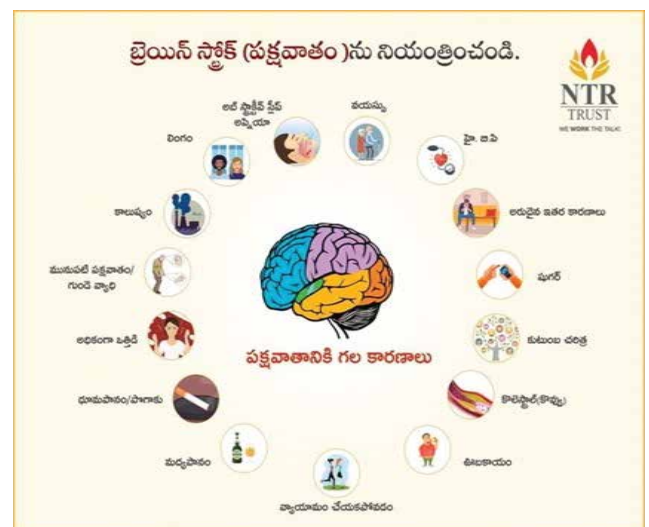


Special thanks to Mrs. Swetha Chowdary & Mrs. Vijaya Sree garu for organizing the Blood Donation Camp. NTR Memorial Trust Blood Centre is taking due care of all donors and maintaining high standards of hygiene.


**మానవ మెదడు నియంత్రణ వ్యవస్థ**

**NTR TRUST**

- కందర స్వయం నియంత్రిత ప్రదేశము**
  - జ్ఞాన కేంద్రము
    - చర్మము (ఉద్భిగ్రత, ఒత్తిడి, బాధ)
  - మెదడు ముందు భాగము
    - అలోచన
    - సమన్విృ సాధన
    - నిశ్చారత
    - ప్రవర్తన
  - ఉపన్యాస నియంత్రణ ప్రదేశము
    - మూలం నియంత్రణ
  - జ్ఞాన భాగము
    - వివరము
    - భాష
    - జ్ఞానము
  - మస్తిష్క మూలాము
    - తెలివ
    - త్యాగ
    - హృదయ స్పందన
- మెదడు వెనుక భాగము**
  - స్మరించడం
  - బాధ
  - శరీర భాగము
  - ధ్యానము
- దస్త్ర కేంద్రము**
  - దస్త్ర
  - గ్రహించడం
- అవగాహన ప్రదేశము**
  - అవగాహన
- చర్మ మెదడు**
  - సమన్వయము
  - సమన్వయము




**సాధారణ పరీక్షలు:**  
**పూర్తి రక్త గణన**  
**(cbc) చర్యలు**



**NTR**  
TRUST  
WE WORK THE TALK

ఎర్ర రక్త కణాలు



సాధారణమైనది ఏమిటి?

పురుషులు: 5-6 మిలియన్ కణాలు / mcl

మహిళలు: 4-5 మిలియన్ కణాలు / mcl

అసాధారణ సంఖ్యల అర్థం ఏమిటి?

రక్తమీనత, నిర్ణీతరణం, రక్తస్రావం

**వర్షా కాలంలో**  
మెరుగైన ఆరోగ్యం కోసం ఈ ఆహారాలను తినొద్దు



**పుట్టగొడుగులు**

పుట్టగొడుగులు తడిగా ఉన్న నేలలో పెరుగుతాయి. అయితే ఇవి ఉన్న చోట బ్యాక్టీరియా పెరుగుదల ఎక్కువగా ఉంటాయి. వర్షాకాలంలో వీటిని తింటే వ్యాధులు త్వరగా సంక్రమించే చాన్స్ ఉంటుంది. అందుకే వర్షాకాలంలో పుట్టగొడుగులకు **నో** చెప్పడం మంచిది.



## HEALTH CAMPS



NTR Memorial Trust has organized health camps on 15,16,17 and 18th of September 2021 at several locations in Krishna and Guntur districts, in courtesy with Sneha Samaikhya Old Age Home and observe that the total beneficiaries for the camps are around 460. NTR Memorial Trust thanks Ms. Nagaraja Kumari who is behind the service for her kind co-ordination for arranging all the medical camps.

SL.No.	LOCATION	BENEFICIARIES
01.	Obulunaidupalem	90
02.	Dasaripalem	150
03.	Phirangipuram	24
04.	Chodavaram	92
05.	Ambedkarnagar	95
<b>Total</b>		<b>451</b>

Patients of all ages came for the Health check-up camp. In these Health camps, Medical Professionals provided direct patient care.

**The following objectives were achieved during these camps:**

Measurement of the pulse, blood sugar monitoring to screen diabetes, cardiology, pediatric, gynecology, blood pressure, height, weight, and BMI.





## BLOOD CENTERS



We thank all the blood donors for their continued cooperation extended to the NTR Memorial Trust Blood Centre, Hyderabad, Vizag and Tirupathi. We appreciate your dedication to donating blood for saving lives.

You can reach out to us in helping you to organize a Voluntary Blood Donation Drive. Remember you too can make a change.



### YOU ARE THE ROLE MODEL TO EVERYONE

No words on your commitment in terms of donating blood to save people. The way you help the people is absolutely inspiring to others. Thanks for choosing NTR Memorial Trust Blood Centre, Visakhapatnam for donating blood.

NTR Memorial Trust Blood Centre is taking due care of all donors and maintaining high standards of hygiene.



### TEACHERS DAY CELEBRATIONS

Teachers day was celebrated in NTR Model School, Himayathnagar, Moinabad on 5th September 2021. It's the day that happens to be the birthday of India's former present, Dr. S. Radha Krishnan. On this occasion The Director Sri N.S. Prasad garu and The Principal Sri S.J. Reddy garu have garlanded the photo of Dr. S. Radha Krishnan with scented flowers. Then the programme was inaugurated with a prayer song.

A Key event in teachers day celebration was the performances of Students singing of songs and skits. Students put up skits for their teachers and went to different classes to teach other subjects. Students look forward to impersonating their teachers. It was concluded with Principal's message by reiterating that it was a crucial day because it is essential in the lives of teachers as well as students. Teachers appreciate their students hard work everyday. Teachers are the first role models and mentors that students have in their lives.



### MENTOR THE HERO PROGRAM

Mentor : T. Vasu Babu ,  
MUSCAT

Student Name :  
Kota Yaswanth

VIII Classs

Joined in VI Class 2019-20

Father : Venu Babu (Late)

Mother : Anudha

Occupation : Labour



### BLIND FOLDING - EXTRA CURRICULAR ACTIVITY

On sep 20th Monday at 2:50 pm we conducted Blind Folding activity to guess the objects to develop on effective way of speaking, imaginary skills, vision and subskills.

Students from V, VI participated very actively and enjoyed the game by learning each Students was given 2 min of time.

Student from Class V - S. Praneeth

Guessed 16 objects within 2 min and emerged as the winner of the activity. Principal appreciated the students and advised the teachers to plan such type of activities which will develop various skills among the students and also distributed prizes to the winners



### DESCRIBING OBJECTS

We have conducted activity on "Describing an Object" in NTR Model School on 18th September 2021 at 2:50 pm. All the students have assembled in the school building corridor.

Students described the basic physical size, dimation and material of the object and analyzed objects place in history and compared their objects to other similar objects. They also explained fully what their objects are used for, even its multiple uses.

Principal has praised the wonderful work of all the students that put together as a symbol of productivity and encouraged all the students to take part actively and use it as a platform to learn many things.





Provided sujala water to 1.5 lakh people in 29 villages in CRDA cluster.

Provided sujala water to 2 lakh people in 15 villages in chilakaluripeta cluster and municipality.

## SPECIAL DAYS

### SEPTEMBER

1st September : Indian Nutritional Week  
 5th September : Teachers' Day  
 8th September : Global Literacy Day  
 10th September : Ganesh Chaturthi  
 14th September : Hindi Diwas  
 15th September : Engineers Day  
 15th September : World Democracy Day  
 21st September : Human Rights Day  
 29th September : World Heart Day

### OCTOBER

1st October : World Vegetarian Day  
 2nd October : Gandhi Jayanti  
 4th October : World Animal Welfare Day  
 5th October : World Teachers' Day  
 8th October : Indian Air Force Day  
 10th October : World Mental Health Day  
 11th October : International Day of the Girl Child  
 16th October : World Food Day

## PARALYMPIC WINNERS



NTR memorial trust conveys its Heart felt Congratulations to all medal-winning para-athletes at Paralympics Tokyo 2021.



# SUPPORT US

Account Name - NTR Memorial Trust  
Account Number - 50100034051074  
Account Type - Current  
Bank Name - HDFC Bank  
Branch - Lakdikapul  
IFSC Code - HDFC0000021  
Donate through the link [www.ntrtrust.org/donate-now/](http://www.ntrtrust.org/donate-now/)  
Donations to NTR Memorial Trust are eligible for exemption u/s 80(G) of IT Act.  
For more details please call on 040-48577888 / 9100433499 or write an email to [donations@ntrtrust.org](mailto:donations@ntrtrust.org)

PLEASE SCAN HERE TO  
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Donations by Foreign Companies/ Bodies Corporate/ Organisations/ Foreign Citizens (other than Indian Citizens)/ Persons of Indian Origin/ Overseas Citizens of India/ Indian Companies having FDI as per the FEMA (FDI Regulations) can be made by way of electronic transfer to the following bank account of the Trust: Name: NTR MEMORIAL TRUST Bank Name: STATE BANK OF INDIA Account No.: 40115731976 IFSC: SBIN0000691 SWIFT: SBININBB104 Branch Code: 00691 Branch Address: FCRA Cell, 4th Floor, SBI, New Delhi Main Branch, 11, Sansad Marg, New Delhi-110001

Donations by Indian Residents/ Non Resident Indians (Indian Citizens holding Indian Passports, residing abroad) in Indian Rupees/ Foreign Currency, can be made by way of electronic transfer to the following bank account of the Trust: Name: NTR MEMORIAL TRUST COVID 19 RELIEF FUND Bank Name: BANK OF BARODA Account No.: 18090200001670 IFSC: BARBOJUBILE 'O' read it as Numeric Bank Branch: JUBILEE HILLS, HYDERABAD

For your reference, donations to the Trust are eligible for deduction under section 80G of the Income Tax Act, 1961. Subsequent to your thoughtful donation, you will be issued with the requisite receipt.

Once the electronic transfer made, you are requested to kindly send an email to [donations@ntrtrust.org](mailto:donations@ntrtrust.org), mentioning your Name, Address, Contact Number and Income tax PAN No. in the case of Indian Citizens and in the case of NRI Citizen Copy of your passport details, like the date of remittance, Bank name and etc.

Our mailing address is:  
NTR Memorial Trust, NTR Bhavan, Road No.2  
Banjarahills, Hyderabad- 500034, Telangana, India  
040-48577888; [www.ntrtrust.org](http://www.ntrtrust.org).

NTR Memorial Blood Centers  
Hyderabad - 040 - 48577888  
Visakhapatnam : 0891 - 2565858  
Tirupati : 0877 - 2255668

To know more about NTR Memorial Trust  
Please log on to [www.ntrtrust.org](http://www.ntrtrust.org)

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