

NEWS LETTER

MARCH - APRIL 2023

సామాజిక సేవాపథంలో ఇరవై ఆరేళ్ళు



WE WORK THE TALK!

TWENTY SIX YEARS IN THE SERVICE OF HUMANITY



HEALTH CARE

MEDICAL CAMPS

Medical Camps	162
Beneficiaries	18836

BLOOD CENTRE

Blood Donation Camps	61
Beneficiaries	11334

NTR MEMORIAL BLOOD CENTRES

Hyderabad - 040 - 48 577 888
Visakhapatnam - 0891 - 256 58 58
Tirupati - 0877 2255 668

NTR MEMORIAL TRUST

Road No. 2, Banjara Hills, Hyderabad - 500 034
040 - 48 577 888

To know more about NTR Memorial Trust please log on to www.ntrtrust.org

HIGHLIGHTS

NTR MEMORIAL TRUST, ON THE OCCASION OF THE BIRTHDAY OF ITS FOUNDER TRUSTEE AND FORMER CHIEF MINISTER OF ANDHRA PRADESH, SRI. NARA CHANDRABABU NAIDU GARU EXTENDED THEIR HEARTFELT GREETINGS AND WARM BIRTHDAY WISHES AND IT IS ALSO MARKED AS THE 'CENTENARY' CELEBRATIONS OF THE PADMASHRI. DR. NANDAMURI TARAKA RAMA RAO GARU.

NTR Memorial Trust's belief in giving back to society is witnessed through the noble events that they organize year-on-year. This year, the trust organized a free mega-medical camp in collaboration with K.C. Hospital Kuppam and Lions Club. The event's timing was portentous given that it coincided with the NTR Centenary Celebrations and the birthday of Founder Trustee, former Chief Minister, Sri. Nara Chandrababu Naidu Garu. The event served as a shining example of the Trust's commitment to community service and philanthropy.

THE NTR MEMORIAL TRUST CELEBRATED THIS YEAR'S INTERNATIONAL WOMEN'S DAY WITH GREAT FERVOUR, PRIDE, AND ENTHUSIASM.

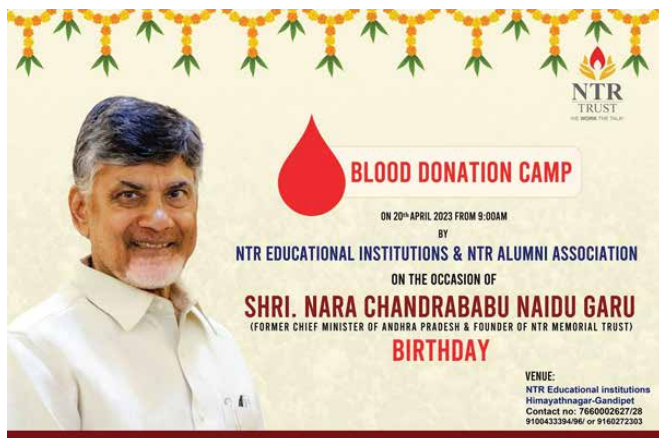
Chief Executive Officer Sri. K. Rajendra Kumar IPS (Retd), Chief Operating Officer Sri A. Gopi, and all office staff graced the event with their presence. The event honoured and acknowledged the contributions and accomplishments of the Trust's female employees. The Trust marked the occasion with a ceremonial cake-cutting ceremony, as a tribute to the incredible women who work tirelessly to make a difference. The Trust celebrated the occasion with a prize distribution ceremony and rewarded the participants. The event culminated with a grand success. The Trust has been at the forefront of its continued mission of serving the community under the able guidance of its Managing Trustee Smt. Nara Bhuvaneswari Garu.



On the happy occasion of the birthday of Sri. Nara Chandrababu Naidu Garu, the founder of the NTR Memorial Trust and former Chief Minister of Andhra Pradesh, NTR Educational Institutions, NTR Educational Institution Alumni Association and Telugu Desam Party (TDP) organized a blood donation camp in the premises of NTR Junior & Degree College Campus, Gandipet, Hyderabad.

The event was a grand success, with numerous individuals turning up to donate blood, showing their love and admiration for their former Chief Minister. The Trust and its associates are committed to serving the community and promoting acts of compassion and kindness. The event was a perfect reflection of the Trust's philosophy and values.

A special assembly was held to Sri. Nara Chandrababu Naidu Garu's contributions and the impact in advancing both Telugu states, Andhra Pradesh and Telangana highlighting his legacy and achievements.



NTR JUNIOR AND DEGREE COLLEGE FOR WOMEN CELEBRATED INTERNATIONAL WOMEN'S DAY ON 8TH MARCH, 2023 WITH GREAT ZEST, PRIDE AND ENTHUSIASM.

In a bid to raise awareness of social issues affecting women, the students of NTR Junior and Degree College for Women organized a rally with the support of academic dean Dr. M.V. Rama Rao.

Highly informative and motivational placards were used to convey messages about women trafficking, sexual assault, harassment, and domestic violence. The faculty members provided their unwavering support to their students and joined in the rally.

Later, a seminar was conducted with Dr. Vasanthi Srinivasan, a professor at Hyderabad Central University, as the Honourable Guest Speaker, which focused on gender-bias, and the need for equality and empowerment of women in various sectors. Academic Dean, Dr. M.V. Rama Rao presided over the meeting and expressed his extreme desire for the girls' all-around development and bright future.

Smt. Vasanthi Srinivasan elaborated on the purpose of Women's Day celebrations and discussed methods of safeguarding the dignity of women. During the event, Academic Dean felicitated Smt. Vasanti Srinivasan and all the women faculty members. Students also partook to felicitate their women faculty members.

Principal Sri. S.J. Reddy and other faculty members participated in the event with equal fervour, pride, and enthusiasm.

The International Women's Day celebrations took place at NTR Junior and Degree College for Women on 8th March, 2023. The event was hosted by Dr. M.V. Rama Rao, the Academic Dean of NTR Educational Institutions, alongside Principal Sri S.J. Reddy, and both the teaching and non-teaching staff members. The day was celebrated as a tribute to remarkable women who have made an invaluable contribution to society in different ways. The event was a grand success, with numerous individuals coming together to celebrate the achievements of women and their contributions to society. The celebration was a touching tribute to the countless women who have made significant contributions. The Trust has extended its heartfelt gratitude to these women and will continue to promote women's rights and access to education for all.





Sri. K. Rajendra Kumar IPS (Retd), Chief Executive Officer, graced the NTR Junior and Degree College for Women, Gandipet Campus with his presence and shared his life journey and experience with the Senior Intermediate CEC students. He highlighted the importance of hard work, dedication and perseverance to reach their goals in life. Students gained valuable insights into overcoming obstacles and achieving success.

Dr. M.V Rama Rao, Academic Dean, NTR Educational Institutions, and Principal Sri. S. J. Reddy also attended the event and expressed their appreciation for the efforts put in by the students and wished them a bright future. Students were thrilled to receive words of encouragement from such esteemed personalities and were inspired to work harder towards achieving their goals. It was an enriching experience for them, and they expressed their gratefulness for the opportunity to interact with such accomplished personalities.

NTR JUNIOR AND DEGREE COLLEGE FOR WOMEN, GANDIPET CAMPUS ORGANIZED A FARWELL EVENT THEMED "DOEI-DOEI" ON 29TH MARCH 2023.

NTR Junior and Degree College for Women, Gandipet Campus pulled out all the stops for its Senior Inter students with an unforgettable Farewell event on 29th March 2023, themed "Doei-Doei".

Smt. Aruna Bahuguna, IPS, (Retd) first ever IPS officer of erstwhile AP State, graced the occasion as chief guest. Shri B. Uday Shankar, Director, AIR, Hyderabad was the guest of honour and Shri. K. Rajendra Kumar, IPS (Retd) CEO, NTR Memorial Trust, presided over the function, Dr. M.V. Rama Rao, Academic Dean hosted the function, Which was attended among them by Shri. A.Gopi, COO, NTR Memorial Trust, Principal Shri. S.Joji Reddy, Faculty, staff and students of the college.

Smt. Aruna Bahuguna, in her inspiring speech, acknowledged the strides that have been made for women, drawing from her own experience as a police officer. She also interacted with students, answering their questions and sharing her wisdom with them. Her message to the students was clear: "Seize the opportunity and use it to showcase your skills and set out on your life journey."

Sri K. Rajendra Kumar IPS (Retd.), Chief Executive Officer of the NTR Memorial Trust, conveyed his best wishes to the students, encouraging them to embark on their life's journey and spoke at length about the Trust's activities.

Smt. Aruna Bahuguna also felicitated Pranavika Jain, an NCC cadet who was selected to participate in the Republic Day parade in New Delhi. The cadet's achievements were commended as an outstanding example of success.

The evening was filled with nostalgia and happy memories, as students reminisced about their experiences on campus and engaged in cultural activities to acknowledge programs and staff members. It was a fantastic celebration of life that left everyone with wonderful memories to cherish.



NTR EDUCATIONAL INSTITUTIONS ALUMNI ASSOCIATION

The NTR Educational Institutions Alumni Association is an invaluable opportunity for regular interaction amongst alumni students, helping to inspire knowledge-sharing through seminars, endowment lectures, conferences and more. The association wants to create a bond between alumni members that will go beyond the walls of their institute, supporting them in furthering their development as individual people and growth towards new social and cultural experiences.



Alumni Meet was held on 13th November 2022

The alumni meet 2022 was held on the 13th of November at the NTR Model School grounds in Gandipet. 350 alumni came from both Telangana and Andhra Pradesh to attend, with distinguished guests such as Dr. M. V Rama Rao (the academic dean of NTR Educational Institutions), and Sri A. Gopi (Chief Operating Officer of NTR Memorial Trust). The event was presided over by the association president Mr. Mallesh Yadav, along with other association members. Proposals were presented, new committee members were elected for the upcoming year, enrolment drives planned and further actions discussed and compiled by the principal and all attending members. With everyone's participation, this meeting ended on a positive note and expectations for years to come!

NTR Educational Institutions also provides financial assistance to deserving students for pursuing courses within its programs. This support has been essential in advancing educational prospects for many learners since 2006. To date a total of 1,311 individuals have been supported by the association during their academic journey.

BLOOD CENTRES

HYDERABAD BLOOD CENTER

The NTR Memorial Trust Blood Center in Hyderabad celebrated the birthday of its visionary founder Sri. Nara Chandrababu Naidu Garu in a unique way by organizing a blood donation camp on the premises. The event witnessed the participation of numerous donors from across the state. The sole purpose of the blood donation camps organised by the Trust is to save lives by providing an adequate supply of blood to those in need. Team of medical experts ensured that all the blood donation procedures were conducted smoothly and followed the highest standards of safety and hygiene. The event was a remarkable display of unity and compassion towards the welfare of society. It served as a reminder of the incredible impact that anyone can make through small acts of kindness and generosity. The blood donation camp was a humble gesture in the direction of humanity, making the day truly memorable for all involved, as envisioned by their Managing Trustee Smt. Nara Bhuvaneshwari Garu.

NTR TRUST BLOOD CENTER-HYDERABAD						
MONTH	BLOOD CAMPS	COLLECTION	BANEFICIARIES	FREE ISSUES	GOVT ISSUES	THALASSEMIA
March	13	705	2391	13	25	85
April	10	1019	2391	03	412	55
Total	23	1644	4782	16	437	140

The success of this program owes much to the unwavering dedication and selfless efforts of the invaluable volunteers. NTR Memorial Trust has extended its heartfelt gratitude to every one of the volunteers for their unwavering commitment to the cause, and to all the participants who contributed to making this project an unparalleled success. The Trust wholeheartedly appreciated everyone's involvement in this noble initiative.

SAFETY AWARENESS PROGRAM

NTR Memorial Trust Blood Center's recent collaboration with L&W Construction workers was nothing short of remarkable. The event garnered a fantastic response from society, showcasing how everyone can come together for a great noble cause. Inaugurated by the esteemed Indian Telugu film actor and producer, Sri Nara Rohit Garu, the blood donation camp at Avinash College of Commerce was yet another triumph for the Trust.

The Trust expresses its sincere appreciation to all the voluntary blood donors and participants for their selfless contributions to society. The event's success is attributed to the dedication and effort of Avinash College of Commerce's entire team, who ensured the Mega Blood Donation Camp became a reality and success. As a result of their hard work, donors stepped up and made a difference by donating blood, a priceless gift to those in need.



TIRUPATI BLOOD CENTER

The NTR Memorial Trust Blood Center in Tirupati organized a blood donation drive to commemorate the birthday of its great visionary and former Chief Minister of Andhra Pradesh, Sri. Nara Chandrababu Naidu Garu. The event was a resounding success, with a large number of donors showing up to donate the gift of life. The NTR Memorial Trust has expressed its gratitude to all the selfless donors who participated in this noble initiative, and whose contributions will undoubtedly make a positive impact on the lives of those in need. The Trust takes great pride in being able to carry forward the vision of its revered founder and continue his legacy of service to the community.

NTR TRUST BLOOD CENTER-TIRUPATI						
MONTH	BLOOD CAMPS	COLLECTION	BANEFICIARIES	FREE ISSUES	GOVT ISSUES	THALASSEMIA
March	03	705	833	22	04	06
April	10	939	2287	12	02	06
Total	13	1644	3120	34	06	12

The remarkable success of the Trust's blood donation camp was made possible due to the unwavering dedication and tireless efforts of all the volunteers. NTR Memorial Trust has expressed its heartfelt gratitude to all the voluntary donors whose selfless acts will make a positive impact on the lives of those in need through their selfless act. NTR Memorial Trust recognizes and celebrates the collective effort of all involved in making this initiative a resounding success.

VISAKHAPATNAM BLOOD CENTER

On the auspicious occasion of the birthday of Shri. Nara Chandrababu Naidu Garu, NTR Memorial Trust Blood Center in Tirupati organized a blood donation drive that was met with immense success. The event saw an outpouring of support from the community, with numerous donors stepping forward to contribute to this noble cause. NTR Memorial Trust has extended its deepest appreciation and gratitude to all the donors and volunteers who made this initiative possible. Without their unwavering dedication and commitment, this event would not have been possible. The Trust thanked the contributors for their continued support in the trust's efforts to make a positive impact on society.

NTR TRUST BLOOD CENTER-VISHAKAPATNAM						
MONTH	BLOOD CAMPS	COLLECTION	BANEFICIARIES	FREE ISSUES	GOVT ISSUES	THALASSEMIA
March	10	789	1859	00	00	13
April	15	977	1573	04	04	09
Total	25	1766	3432	04	04	22

In honour of their visionary leader, Sri. Nara Chandrababu Naidu Garu, and his exemplary leadership and selfless work, NTR Memorial Trust extended its sincerest gratitude to its donors for their generosity and willingness to give. Through their donation of the Single Donor Platelet, countless lives will be saved and many will have a second chance at living an improved and healthier life. The kindness and selflessness of donors are a true testament to the human spirit, and the Trust had left no stone unturned to thank all the volunteers for their immense contributions. For any enquiries, please contact Hyderabad (040-48577888), Tirupati (0877-2255668) or Vizag (0891-2565858).

THALASSEMIA - THE SIGNS, SYMPTOMS AND TREATMENT OF THIS COMMON BLOOD DISORDER

Thalassemia, a blood disorder that affects millions of people globally, can cause a range of symptoms due to an abnormal amount of haemoglobin in red blood cells. Those living with thalassemia must receive ongoing monitoring and treatment from healthcare providers. Treatment options include blood transfusions, management of iron levels in the body, and potentially bone marrow transplants.

The NTR Memorial Trust Blood Centers have been at the forefront in providing thalassemia patients and their families, with access to life-saving blood units. With their unwavering commitment to providing essential resources, their Centers are open around the clock to meet the needs of those who require our help. Those in need can contact the Trust's Information Center for assistance in obtaining blood units for their loved ones. The NTR Trust is proud to support thalassemia patients in need by offering blood transfusions in Hyderabad, ensuring patients have the best chance at a healthy and fulfilling life.

For any assistance or enquiries, please contact the Trust for more information (contact.no: 040-48577888).

At 8, Geetanjali knew what thalassemia was

It's blood transfusions or bone marrow transplant for her

Tanu Kulkarni

BANGALORE: Eight-year-old Geetanjali would often feel weak and suffer recurring fever. After visits to several doctors and hospitals, she was diagnosed with thalassemia. Today, two years later, she has had 33 blood transfusions.

Monthly transfusions

Geetanjali is one among 143 patients who come regularly to the Indira Gandhi Institute of Child Health Hospital (IGICHH) for blood transfusions every month. Children from across the State, including places like Chitradurga, Ramanagaram, Tumkur, Chikmagalur, Mandya and Bellary, come here as all the facilities are provided free of cost by the government.

Anita Gowda (name changed), travels 68 km from Chickballapur every month to get her son treated for thalassemia. She says: "My son feels tired and hates the sight of the hospital."

Admitting that this a tedious process, Geetanjali's mother, Gunawedi, who accompanies her every month for treatment says: "We need to save the child. I can't bear to be disappointed."

What is thalassemia

Thalassemia is an inherited blood disorder where the patient's haemoglobin count drops down to extremely low levels.

While the normal haemoglobin count is 12.5, Geetanjali's fell to 3 when she missed a blood transfusion.

Severe forms of the condition can hasten death, with the patient dying before reaching adulthood.

Blood transfusions, however,



BLOOD BROTHERS: With well-managed transfusion therapy, a thalassemic patient can live well into adulthood. — FILE PHOTO: NAGARA GOPAL

er, are not the only possible treatment.

A thalassemic child can be treated with bone marrow transplant.

Rakesh Dhanya who works at Sankalp India Foundation, which works for blood donation, says it is a complex and costly option.

As Anita Gowda says: "Doctors say that a bone marrow transplant will cost us Rs. 10

lakh. We can't afford to pay so much." Vishwanath Veranna, who is in charge of blood transfusions at the IGICHH, says: "With well-managed transfusion therapy, a thalassemic patient can live well into adulthood."

Vulnerable group

Stating that several carers of patients from deprived backgrounds come to Sankalp

Appeal for blood

Staff Reporter

BANGALORE: Thalassemia is a blood related genetic disorder where the body produces fewer red blood cells and the haemoglobin level falls. It is of two types — thalassemia major and thalassemia minor.

While thalassemia minor patients can lead normal lives, the others require blood transfusions every month.

India has around one lakh thalassemic patients and 10,000 are added every year.

On World Blood Donor Day Thursday, non-governmental organisations and blood banks have appealed to the public to donate blood to help thalassemic patients.

India Foundation for help. Mr. Dhanya says: "The child begins losing the battle as people from low socio-economic backgrounds have several constraints."

If both the parents are carriers, there is a greater chance of their child born with thalassemia.

Doctors and health experts stress on the need for genetic and prenatal counselling to pre-empt the chances.

"Most European countries get this tested before planning a child. But in India, most educated people are also unaware of this," adds Mr. Dhanya.

HEALTH CAMPS

NTR MEMORIAL TRUST HEALTH CAMPS

Monthly Health Check-up Camps have been organised by the NTR Memorial Trust across Telangana and Andhra Pradesh, as a committed approach to promoting better health and well-being in communities, and the Trust has been taking significant steps towards fulfilling these goals year after year.

This year's health check-up camps saw a large number of participants from all walks of life. They received comprehensive health screenings for various medical conditions, including diabetes, cardiology, ophthalmology, pulmonology, gynaecology, general medicine, blood pressure, dermatology, ENT, orthopaedics and height/weight/BMI measurements.

The screenings were conducted by a team of experienced healthcare professionals and experts to ensure that participants received the best possible care. The Trust's monthly health check-up camps have been benefiting numerous people across both States. The Trust's mission to provide access to quality healthcare to all, regardless of their socioeconomic status, has been the driving force behind these initiatives and programs.

Through its various healthcare projects and initiatives, the NTR Memorial Trust has been working tirelessly to improve the lives of people from all walks of life, especially those from underprivileged communities. The Trust remains committed to its mission of providing equitable and accessible healthcare to all and continues to strive towards creating a healthier and happier society.



HEALTH CAMPS

The NTR Memorial Trust partnered with Meka Sai Tarun Memorial Trust, Kamineni Hospital to host a free health check-up camp in Kosuru village of Gantasala Mandal, Krishna district. Subsequently, the same trust collaborated with Lions Club, Pragathi and Kamineni Hospital to offer another free health check-up camp in Janardhanapuram village of Nandivada Mandal. Furthermore, they joined forces with Mangaluri, Government Hospital and Katuri Hospital from Guntur held a similar event in Bellamkonda Village of Palnadu district. Lastly, they organized a free health check-up camp for senior citizens at the Senior Citizens freedom fighters building in Governorpet - Vijayawada of Krishna District. Partners included Senior Citizens Welfare Association and Maxi Vision Eye Super Speciality Hospitals.

FOLLOWING HEALTH CAMPS WERE HELD DURING THE MONTHS OF MARCH & APRIL - 2023

MARCH - 2023

Sl.No.	LOCATION	BENEFICIARIES
01	Krosuru	93
02	Bellamkonda	229
03	Governorpet	110
04	Ganapavaram	93
05	Jangalapalli	89
06	NTR Trust-HYD	119
07	Arogya Center-Mangalagiri	2,674
08	Arogya Radham-Duggirala	2,653
09	Arogya center-Tadepalli	2,661
Total Beneficiaries		8,721

ఎన్టీఆర్ శతజయంతి ఉత్సవాలు
 ఎన్టీఆర్ మెమోరియల్ ట్రస్ట్ వారి ఆధ్వర్యంలో
 మాన్య శ్రీ నారా చంద్రబాబు నాయుడు గారి పుట్టినరోజు సందర్భంగా
 లయన్స్ క్లబ్ ఆఫ్ పాకాల ప్లాటినమ్ వారి సహకారంతో
ఉచిత మెగా వైద్య శిబిరం

తేదీ : 20-04-2023, గురువారం సమయం : ఉ. 9:00 గం.ల నుండి మధ్యాహ్నం 4:00 గం.ల వరకు
 స్థలము : ప్రభుత్వ బాలికల జూనియర్ కళాశాల, పాకాల.

ఈ ఉచిత వైద్యశిబిరంలో అందించు సేవలు

ప్రఖ్యాతి గాంచిన సూపర్ స్పెషాలిటీ వైద్య బృందంతో ఈ శిబిరం నందు బి.పి, చెక్కర వ్యాధి, క్యాన్సర్, గుండె సమస్యలు, టైరాయిడ్, కడుపు నొప్పి, ఆయాసం, ఊపిరి తిత్తులు, క్యాన్సర్ గడ్డలు, శరీరంపై అన్నిరకముల గడ్డలు, మూత్రకోశ వ్యాధులు, కిడ్నీ వ్యాధులు, కిడ్నీలో రాళ్ళు, మెదడులో కణితులు, చెవి, ముక్కు, గొంతు సమస్యలు, చిన్న పిల్లల అన్నిరకముల సమస్యలు, స్త్రీ గర్భకోశ వ్యాధులు, చర్మ వ్యాధులు, కీళ్ళ నొప్పులు, నడుము నొప్పి, దీర్ఘకాలిక వెన్ను నొప్పి, మొదలగు వ్యాధులకు వైద్య సేవలు అందించబడును.

ఉచితము:- *ఈ శిబిరములో B.P, Sugar, ECG Test ఉచితంగా చేయబడును.

ఈ ఉచిత మెగా వైద్యశిబిరంలో పాల్గొను సూపర్ స్పెషాలిటీ వైద్యచికిత్స విభాగములు

టాటా ట్రస్ట్ క్యాన్సర్ హాస్పిటల్
 (క్యాన్సర్ చికిత్స విభాగము)

సంకల్ప సూపర్ స్పెషలిటీ హాస్పిటల్
 (గుండె, ఎముకలు, నరాలు, జనరల్, స్త్రీ గర్భకోశ వ్యాధులు, చికిత్స విభాగము)

శ్రీ మన్మ సాయి మల్టీ స్పెషాలిటీ డెంటల్ క్లినిక్
 (దంత వైద్య విభాగము)

వ్యాధి నిర్ధారణ పరీక్షలు చేసి ఉచితంగా మందులు అందిస్తాము.

పూర్తి వివరములకు సంప్రదించగలరు : 94404 06857, 81433 37722, 7893032037
 040-48576888, 48577888 లేదా info@ntrtrust.orgకి ఇ-మెయిల్ పంపండి



The NTR Sujala Water dispensing system is a revolutionary water management approach that harnesses cutting-edge digital and IoT technologies. By enabling real-time monitoring and analysis of water production, distribution, dispensation, and consumption, this innovative system provides a comprehensive view of water usage patterns. This can help to identify areas where water conservation measures can be focused, promoting increased efficiency and sustainability. The transparency and accountability that the system provides in the water distribution process are unparalleled. The NTR Sujala Water dispensing system has the potential to be a game-changer in the water management landscape, paving the way for a more responsible and sustainable use of this vital resource.

In March'23 The NTR Trust supplied 301 tankers & **In April' 23** supplied 292 tankers

Each tanker has 5000 litres capacity. This denotes that each family gets 20 litres of water supply in a day.

About 1,48,250 families benefited through the NTR Sujala Water program.

MENTOR THE HERO PROGRAM



Mentor : Sridhara Adusumalli

Name : Kuruva Lakshmi
Class : VI
Father Name : K Ayya swamulu (Late)
Mother Name : K Anuradha
Occupation : Aya in Hostel
Address : Lakshmi puram (V), Kalluru (M), Kurnool (D)
Family Background : My name is Kuruva Lakshmi, My father's name is Late. K Ayya Swamulu , he was died due to Accident. My Mother's name is K Anuradha, she is working as a Aya in Hostel. We are very poor family. I have two brothers. I got Admission in VI class. I want to become a Teacher. I am thankful to NTR Trust for giving this admission.

NUTRIFUL HOSTS A SUCCESSFUL LIVE WEBINAR ON DIABETES MANAGEMENT WITH EXPERIENCED NUTRITIONIST, MRS. VINITHA MAMILLA (M.SC. FOOD AND NUTRITION).

The live webinar on diabetes management, featuring the renowned and experienced nutritionist Mrs. Vinitha Mamilla, M.Sc. Food and Nutrition was an enlightening event that provided invaluable insights and practical strategies for managing diabetes through diet and lifestyle modifications.

Mrs. Mamilla's expertise shone through as she highlighted the importance of a healthy diet, regular exercise, and stress management in controlling blood sugar levels and preventing complications associated with diabetes. Her advice on making healthier food choices, such as incorporating more whole grains, vegetables, and lean proteins into the diet while reducing processed and sugary foods, was truly eye-opening.

The interactive nature of the webinar allowed attendees to actively engage with Mrs. Mamilla, making the experience all the more enriching. NTR Memorial Trust takes pride in hosting such insightful and informative events. The Trust has extended its sincere gratitude to Mrs. Vinitha Mamilla for her contribution.



NUTRIFUL CELEBRATED THE CONTRIBUTIONS OF WOMEN AT THE WORKPLACE ON WOMEN'S DAY.

Nutriful's Women's Day celebration was a grand success, which created a memorable experience for everyone involved. The atmosphere was electric with excitement and enthusiasm as the women on the team participated in various activities that highlighted their skills and abilities. The fun and engaging activities, including trivia games and creative contests, brought out the competitive spirit in everyone and created an atmosphere of friendly competition.

To recognize the incredible contributions of the women on the team, Nutriful presented them with a special memento, a symbol of the company's appreciation for their hard work and dedication. The memento was presented by the CEO of NTR Memorial Trust, which added further to the significance of the occasion. The Women's Day celebrations at Nutriful were a testament to Mrs. Nara Bhuvaneshwari, Managing Trustee, NTR Memorial Trust's commitment to empowering and supporting women, not just on Women's Day but every day.



NUTRIFUL ACHIEVED AN IMPRESSIVE MILESTONE WITH 25K+ REGISTERED USERS

Nutriful achieved a momentous feat by surpassing 25,000 registered users! The Trust commemorated this exceptional milestone in the presence of distinguished guests, including the Chief Executive Officer of NTR Memorial Trust, Shri. K. Rajendra Kumar IPS (Retd), and the Chief Operating Officer of NTR Memorial Trust, Sh. A. Gopi. Sh. Balaji, CIO, Project Manager, Sh. Veera Pratap & the entire Nutriful team.

The event was a true reflection of Nutriful's unwavering dedication to providing its users with top-notch services that promote overall well-being. The guests were highly impressed by the Trust's innovative approach in providing preventive healthcare to all the people free of cost.

The Nutriful team's relentless efforts and unwavering commitment to excellence were applauded by the guests, who recognized their dedication and hard work in contributing to the project's success.

The 25K registered user milestone is a testimony to Nutriful's continued growth and success in providing unparalleled products and services that cater to its users' diverse needs. It was indeed a moment of pride and celebration for the Nutriful team!



NUTRIFUL'S FOOD ENTRY CONTEST INSPIRED USERS TO SHARE THEIR HEALTHY MEALS

Nutriful's highly successful food entry contest came to a thrilling closure, showcasing the Trust's dedication to promoting healthy eating habits and inspiring its users to make healthier food choices. The Contest received an overwhelming response from participants, who shared their creative and nutritious meals with Nutriful.

After meticulous evaluation, the team selected the winners based on the uniqueness of their entries, the nutritional value they offered, and their presentation. The NTR Memorial Trust family congratulated all the winners, who shall receive gift vouchers worth Rs. 500 each as a token of appreciation.

The food entry contest was a powerful reminder of the importance of healthy eating habits and their impact on well-being. Nutriful is dedicated to empowering its users to make informed and healthy food choices and continues to inspire, motivate, and encourage good health.

Scan the QR Code to download Nutriful App



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For your reference, donations to the Trust are eligible for deduction under section 80G of the Income Tax Act, 1961. Subsequent to your thoughtful donation, you will be issued with the requisite receipt.

Once the electronic transfer made, you are requested to kindly send an email to donations@ntrtrust.org, mentioning your Name, Address, Contact Number and Income tax PAN No. in the case of Indian Citizens and in the case of NRI Citizen Copy of your passport details, like the date of remittance, Bank name and etc.

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