

NEWS LETTER

JANUARY - FEBRUARY 2026



WE WORK THE TALK!

TWENTY NINE YEARS IN THE SERVICE OF HUMANITY

AREAS WE SERVE



EDUCATION



HEALTH CARE



DISASTER
RESPONSE &
RELIEF



EMPOWERMENT
& LIVELIHOODS



NTR SUJALA



Nutriful



EXCEL CIVILS
ACADEMY



NTR SANJEEVANI
FREE CLINICS



NTR SANJEEVANI
FREE MOBILE
CLINICS



STHREE
SHAKTI

NTR MEMORIAL BLOOD CENTRES

Hyderabad - 040 - 48 576 888

Visakhapatnam - 0891 - 256 58 58

Tirupati - 0877 - 2255 668

Rajahmahendravaram - 0883-3595919

NTR MEMORIAL TRUST

Road No. 2, Banjara Hills, Hyderabad - 34

040 - 48 577 888

 www.ntrtrust.org

 9100433383

HIGHLIGHTS

Smt. Nara Bhuvaneshwari Unveils 2026 Diaries, Marking a Purposeful Start to the New Year

Welcoming the New Year 2026 with optimism and renewed commitment, the NTR Memorial Trust shared heartfelt wishes with its extended family of supporters, partners, donors, and beneficiaries. The organization expressed its vision for a year driven by impactful initiatives, stronger communities, and sustained service.

As part of the New Year celebrations, Managing Trustee Smt. Nara Bhuvaneshwari Garu officially unveiled the 2026 Diaries and Calendars, symbolizing a fresh chapter of planning, dedication, and purposeful action. The launch event, held at the Trust headquarters, brought together key leadership including CEO Shri K. Rajendra Kumar, IPS (Retd), COO Shri A. Gopi, and the Trust's staff members.

The occasion was marked by enthusiasm and togetherness, highlighted by a cake-cutting ceremony that reflected the spirit of unity within the organization. The gathering served as a moment to appreciate the consistent efforts of the Trust's workforce and stakeholders who continue to drive meaningful change.

The newly launched Diaries and Calendars represent more than just the start of a new year; they embody the Trust's commitment to organized growth, transparency, and impactful outreach.



With a strong foundation built over the years, the organization is set to expand its efforts in healthcare, education, and social welfare throughout 2026.

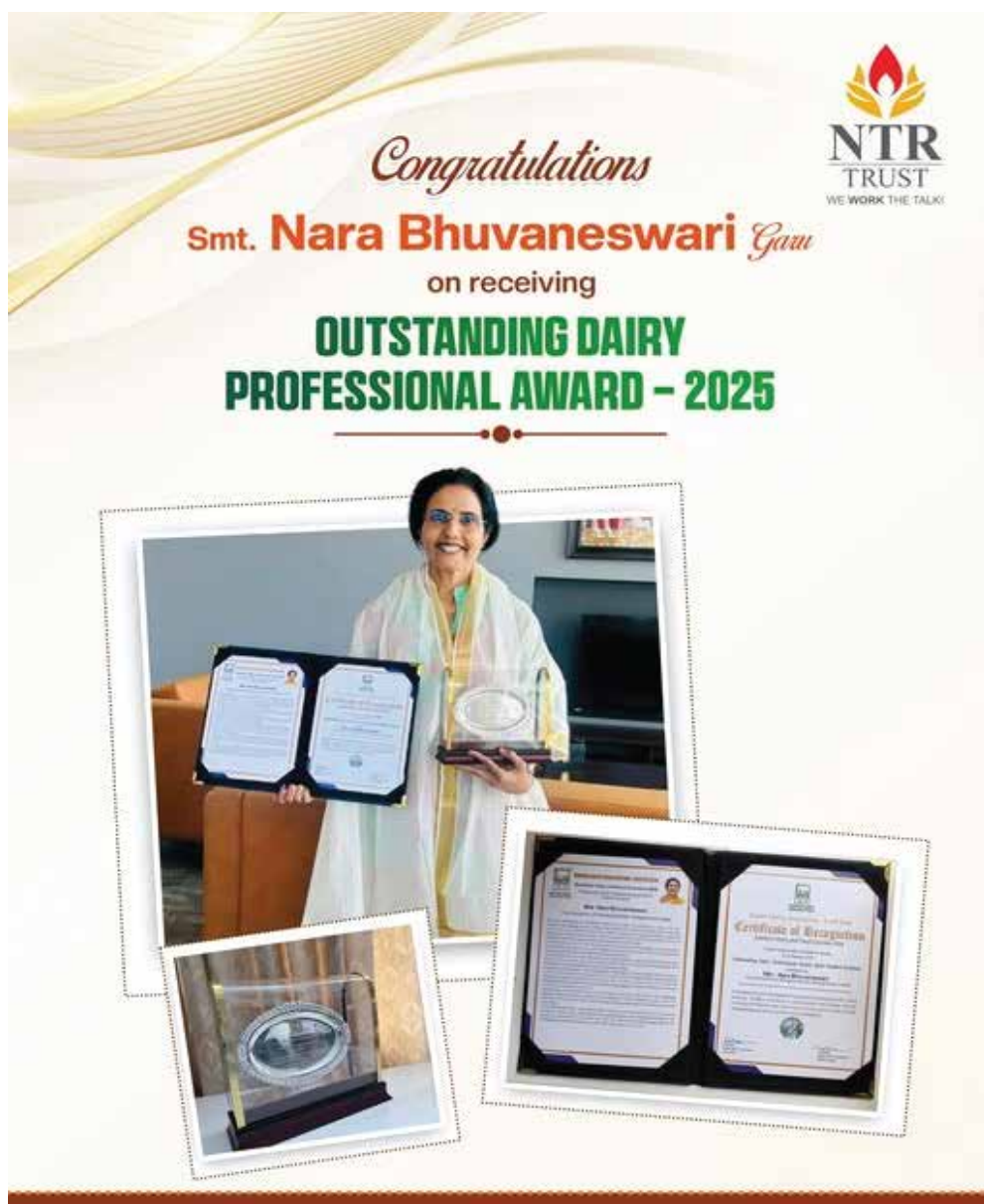
HIGHLIGHTS

A Prestigious Recognition in Dairy Leadership

Renowned philanthropist and visionary Nara Bhuvaneshwari has been honoured with the Outstanding Dairy Professional Award by the Indian Dairy Association (South Zone).

This distinguished recognition acknowledges her valuable contributions to the Dairy sector and her sustained efforts in empowering rural communities. Through her vision and commitment, several initiatives have contributed to enhancing the livelihoods of dairy farmers, promoting sustainability, and strengthening the agricultural ecosystem.

The award stands as a tribute not only to her contributions but also to the dedication and resilience of thousands of dairy farmers who continue to play a vital role in the nation's growth. It reflects a shared journey toward building a more prosperous, inclusive, and sustainable future for Indian dairying.



This honour further under scores the importance of collaborative efforts in driving meaningful change and advancing rural development across the country.

HIGHLIGHTS

Commemorating a Legacy of Service and Inspiration

On the occasion of the 30th death anniversary of N. T. Rama Rao, revered by millions as a cultural icon and visionary leader, floral tributes were paid at his statue at NTR Bhavan, Hyderabad.

Nara Bhuvaneswari, Managing Trustee, paid her respects, remembering his enduring legacy and the values he stood for—service, self-respect, and commitment to society.



Marking the occasion with meaningful service initiatives, a Mega Blood Donation Drive was formally inaugurated, reinforcing the spirit of giving and community welfare. Several donors participated enthusiastically, and their contributions were acknowledged with certificates of appreciation.

In addition, a Free Mega Medical Camp was organized, providing essential healthcare services to the community. Patients were offered medical consultations and medicines at no cost, reflecting a continued commitment to accessible healthcare for all.

The program was attended by CEO Shri K. Rajendra Kumar, IPS (Retd) COO Shri A. Gopi, along with staff members, who collectively contributed to the successful execution of the initiatives.



HIGHLIGHTS

The Mega Blood Donation Drive was conducted on January 18th, commemorating the vardhanti of N.andamuri Taraka Rama Rao, and also on January 23rd, marking the birthday of Nara Lokesh, Hon'ble Minister for Information Technology, Electronics & Communications, and Human Resources Development, Government of Andhra Pradesh.

The initiative was organized across multiple locations, including Tirupati, Rajamahendravaram, and Visakhapatnam, creating a widespread and meaningful impact. On both occasions, large-scale blood donation camps witnessed enthusiastic participation from volunteers, supporters, and the general public.

A significant number of blood units were collected, strengthening blood bank reserves and reinforcing the importance of voluntary blood donation. The initiative stood as a tribute to the enduring legacy of service and commitment to society, making both days highly impactful and socially meaningful.



HIGHLIGHTS

77th Republic Day Celebrations at NTR Memorial Trust

The occasion was marked by the ceremonial unfurling of the National Flag by K. Rajendra Kumar, Chief Executive Officer of the Trust, in the presence of A. Gopi and members of the Trust's team.

In his address, Shri K. Rajendra Kumar conveyed his Republic Day greetings and spoke about the enduring strength of India's democratic framework. He reflected on the pride of being part of the world's largest democracy and highlighted how individual responsibility and growth collectively contribute to the nation's progress. He also emphasized the importance of continuous learning as a foundation for both personal development and societal advancement.



Academic & Co-Curricular Highlights

NTR Trust School, Challapalli – Krishna District

NTR Trust School is committed to providing free, high-quality education along with free residential care and nutritious meals, creating an enabling environment for students from diverse backgrounds. With a strong emphasis on academic excellence and all-round development, the school continues to design meaningful learning experiences beyond the classroom.

Republic Day Celebrations – A Moment of Pride

The school celebrated Republic Day with great pride and patriotic fervour. The occasion was graced by Chief Guest C. V. Sridhar garu, Mission Director AP Quantum Valley., whose inspiring address encouraged students to uphold the values of responsibility, discipline, and nation-building.



Other Key Activities

An interactive Parent Engagement Session was conducted on January 9, fostering strong collaboration between Parents and Teachers.



Class X Farewell Ceremony on February 7 marked an important milestone, celebrating students as they move forward in their academic journey.

A skill-building session by the English Club focused on interview readiness and communication skills, preparing students for future opportunities.

Science Day was observed on February 28th through competitions and an interactive exhibition, encouraging curiosity and innovation. Additionally, Vedic Mathematics sessions for Classes VI–VIII enhanced analytical and problem-solving abilities.



Class X- Farewell Celebrations



English Club Activites



Science Day - Exhibition

NTR School, Gandipet – Hyderabad

NTR School continues to uphold a strong academic framework supported by continuous assessments, competitive exposure, and student-centric initiatives. The recent months reflected a well-structured blend of academic rigor and co-curricular engagement.

Pre-Board examinations for Class X strengthened exam readiness, while Inter-House GK & Quiz competitions encouraged knowledge sharing and participation. Continuous evaluations through CDF exams and weekly tests ensured steady academic progress for Classes VI–IX.

A CBSE Staff Enrichment Programme on Art Integration enhanced teaching practices, while the Class X Parent-Teacher Meeting facilitated meaningful academic discussions.



GK & QUIZ Competitions

The Republic Day celebrations were held with great pride and enthusiasm at NTR Educational Institutions, Gandipet. The occasion was marked by patriotic fervor, cultural performances, and active participation from students and faculty, reflecting a deep sense of national pride and unity.

The celebrations were graced by the esteemed presence of Chief Guest Lt. General Kantamaneni Sudhakar Rao, whose inspiring address motivated students to uphold values of discipline, dedication, and service to the nation.

The event stood as a memorable tribute to the spirit of the Constitution, encouraging young minds to grow into responsible and future-ready citizens.



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Class X- Farewell Celebrations



English Club Activites



Science Day - Exhibition

Students of NTR School showcased outstanding talent at the All India Open Karate Championship held in Visakhapatnam on February 7th, where five Grade VI students delivered an impressive performance, securing Gold, Silver, and Bronze medals, reflecting excellence in discipline and sportsmanship.



National Science Day

The celebration of National Science Day on February 28th stood out as a key highlight, featuring a special assembly and inter-house science demonstrations inspired by the discovery of the Raman Effect by C. V. Raman, fostering scientific curiosity and innovation among students.



NTR Junior and Degree College for Women, Gandipet – Hyderabad

Academic Achievement

Students of NTR Junior & Degree College have achieved notable success in the CLAT Second Counselling Results, with 7 students securing admissions, reflecting the institution's strong academic guidance and commitment to excellence.



E Likhitha
Sr. MEC CLAT
GNLU- Gandhinagar



P V Nitya Leela
Sr. MEC CLAT
NLUJA, Assam



Y Vijaya Lakshmi
Sr. MEC CLAT
DSNLU- Vizag



A . Akshaya
Sr. MEC CLAT
HNLU Raipur



M Sweety
Sr. MPC CLAT
GNLU Silvassa- Gujarat



B Moksha Rao
Sr. CEC CLAT
RGNUL Punjab



R Tejashwini
Sr. CEC CLAT
NUSRL- Ranchi

At the NTR Junior & Degree College, **"Aether Fall"**, the farewell celebration held on February 11, 2026, marked a significant milestone for Senior Intermediate students. Organized by their juniors, the event reflected warmth, creativity, and camaraderie. The occasion was graced by the CEO as Chief Guest and the COO as Guest of Honour, in the presence of the Director and Dean. The dignitaries appreciated the efforts of the students and encouraged them as they prepared to embark on their next phase of journey.



Further strengthening academic motivation, the CEO visited the campus on February 24, 2026, to interact with Intermediate students appearing for the Board Examinations. The session focused on effective preparation strategies, time management, and maintaining confidence under pressure. The interaction provided valuable insights and reassurance, inspiring students to approach their examinations with clarity and confidence.





"Every unit of blood donated carries the power to save lives and inspire hope—it is a simple act that creates a lasting impact," shared a committed long-term blood donor."

As a token of gratitude for their life-saving contributions, voluntary blood donors were also provided with free blood units, reaffirming the Trust's recognition of their selfless service.

Thalassemia patients, who require regular and lifelong blood transfusions, received vital support through this initiative, alleviating financial hardship while ensuring continuity of treatment.

Likewise, government hospitals were supplied with free blood units to meet emergency and routine care demands—particularly for underserved communities.

Here is the summary of free blood units issued by each NTR Memorial Trust Blood Centres during the months of **January** and **February**:

HYDERABAD BLOOD CENTRE

PROVIDED FREE ISSUES	
MONTH	FREE ISSUES
JANUARY	67
FEBRUARY	235
Total	302

VISHAKAPATNAM BLOOD CENTRE

PROVIDED FREE ISSUES	
MONTH	FREE ISSUES
JANUARY	88
FEBRUARY	104
Total	192

TIRUPATI BLOOD CENTRE

PROVIDED FREE ISSUES	
MONTH	FREE ISSUES
JANUARY	22
FEBRUARY	23
Total	45

RAJAHMUNDRY BLOOD CENTRE

PROVIDED FREE ISSUES	
MONTH	FREE ISSUES
JANUARY	03
FEBRUARY	23
Total	26

Healing Beyond Transfusions: NTR Memorial Trust's Enduring support to Thalassemia-Affected children

Thalassemia is a chronic and Genetic Blood Disorder that affects the body's ability to produce hemoglobin, leading to life-threatening anemia. Children diagnosed with Thalassemia Major often require lifelong blood transfusions, iron chelation therapy, and regular medical supervision. The treatment is expensive and emotionally draining, especially for families from disadvantaged backgrounds.

Understanding this pressing need, NTR Memorial Trust has stepped forward as a lifeline for hundreds of Thalassemia-affected families, ensuring that no child is denied care due to financial constraints.



What NTR Memorial Trust Provides

1. Free Blood Transfusions

NTR Memorial Trust operates advanced blood centres that consistently supply safe, high-quality blood units free of cost. These transfusions are critical for the survival of children with Thalassemia, many of whom require blood every few weeks to maintain basic health and organ function.

2. Essential Medication and Ongoing Treatment

Thalassemia management involves more than just transfusions. To address iron overload from repeated transfusions, iron chelation therapy is essential.

NTR Memorial Trust provides these expensive medications and follow-up tests free of charge, ensuring children receive comprehensive care.

Bringing Healthcare Closer: Monthly Health Check-up camps by NTR Memorial Trust

As part of its unwavering commitment to community well-being, NTR Memorial Trust continues to organize Monthly Health Check-up Camps across Andhra Pradesh and Telangana. These camps are a vital initiative aimed at making quality healthcare services accessible to underserved communities, regardless of economic background.

Each health camp offers comprehensive medical services, including general health check-ups, screenings for common illnesses, blood pressure and sugar level monitoring, and consultations with qualified doctors. Where needed, free medications are also provided.



By proactively addressing health issues and raising awareness about preventive care, NTR Memorial Trust is not only treating ailments but also empowering individuals to take charge of their health. The camps are well-received by the public and have seen growing participation month after month.

FREE HEALTH SCREENINGS

These camps provide a wide range of medical screenings and consultations to underserved communities at no cost. Attendees benefit from comprehensive evaluations in areas such as Diabetology, Cardiology, Pulmonology, Ophthalmology, Gynaecology, General Medicine, Dermatology, ENT (ear, nose, & throat), Orthopaedics, and more.

HEALTH CAMPS

A dedicated team of experienced doctors and specialists oversee these services, ensuring high standards of care. These camps not only help identify potential health issues at an early stage but also educate individuals on managing their well-being, empowering them to make informed decisions about their health.

NTR SANJEEVANI AROGYA KENDRAM AND AROGYA RATHAM

NTR Sanjeevani Arogya Kendram and NTR Arogya Rathams are flagship healthcare initiatives of NTR Memorial Trust, aimed at delivering quality medical services to underserved and remote communities across Andhra Pradesh and Telangana. These initiatives operate through fixed healthcare clinics located at Kuppam, Salur, Hindupur, Rajahmundry, Duggirala, Tadepalli, and Mangalagiri, along with mobile medical clinics that extend essential healthcare services to interior and hard-to-reach areas, ensuring accessible, affordable, and timely medical care for all.

RURAL HEALTH CLINIC: NTR SANJEEVANI FREE CLINICS

In an effort to address the healthcare needs of rural communities, NTR Memorial Trust has established rural health clinics in underserved areas. These clinics offer comprehensive primary healthcare services, including specialized care for chronic diseases, aiming to bridge the gap between rural communities and quality healthcare services.

MOBILE MEDICAL UNITS

NTR Sanjeevani Free Clinic operates Mobile Medical Units equipped with advanced facilities, serving remote areas. A dedicated team of highly skilled Doctors and Nurses offers comprehensive medical check-ups, treatment, and essential medication free of charge to patients. Their mission is to ensure that individuals in the most underserved communities receive the healthcare they rightfully deserve.



ఎన్.టి.ఆర్ సంజీవని పేదల చెంతికే ఉచిత వైద్యం!

ఉచిత వైద్య పరీక్షలు మరియు మందుల ద్వారా ప్రతి సామాన్యుడికి నాణ్యమైన ఆరోగ్యాన్ని అందించడమే మా సంకల్పం.

సంజీవని ఆరోగ్య కేంద్రం

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సంజీవని ఆరోగ్య కేంద్రం



ఎన్.టి.ఆర్ ట్రస్ట్ - సంజీవని ఉచిత క్లినిక్

సామాన్యులకు ప్రజా నాణ్యమైన వైద్యాన్ని ఉచితంగా అందించాలనే నిరంతరంతో ఎన్.టి.ఆర్ మెమోరియల్ ట్రస్ట్ నిర్వహిస్తున్న "సంజీవని" క్లినిక్ బిస్మయ ము సేవలో...

మా వైద్య రథం ఏ ఏ ఏ

- ఉచిత వైద్య పరీక్షలు: అనుభవజ్ఞులైన డాక్టర్లచే జబర్ల చేయబడవు.
- ఉచిత మందుల పంపిణీ: అవసరమైన ఔషధాలకు నాణ్యమైన మందుల ఉచితంగా విந్నియడం.
- జీవీ ఓ షుగర్ టెస్టింగ్: రక్తపోటు మరియు కుడుముల పరీక్షలు ఉచితం.
- ఆరోగ్య సలహాలు: మెరుగైన జీవనశైలి కోసం నిపుణుల సూచనలు.

ఎన్.టి.ఆర్ సంజీవని ఉచిత క్లినిక్

"ఆరోగ్యవంతులైన కుటుంబం - ఆనందకరమైన సమాజం"

HEALTH CAMPS



IN THE MONTH OF JANUARY - 2026

S.No	Clinics	Camps Count	No.of Beneficiaries
1	Medical Camps	05	808
2	NTR Sanjeevani Clinics	98	8,071
3	NTR Sanjeevani Mobile Clinics	93	6,154
	Total Camps	196	15,033

IN THE MONTH OF FEBRUARY - 2026

S.No	Clinics	Camps Count	No.of Beneficiaries
1	Medical Camps	06	1,834
2	NTR Sanjeevani Clinics	90	7,309
3	NTR Sanjeevani Mobile Clinics	81	4,502
	Total Camps	177	13,645

NTR Sujala : A Lifeline of Safe Drinking Water for Communities in Need

Access to clean and safe drinking water remains a fundamental challenge in many underserved regions. Recognizing this urgent need, NTR Memorial Trust launched the NTR Sujala Safe Drinking Water initiative—an impactful, community-focused program designed to ensure reliable access to safe drinking water for vulnerable families.

NTR Sujala is more than just a water supply effort—it is a lifeline for thousands. With a deep commitment to public health and dignity, the initiative aims to bridge the gap between scarcity and security, providing a steady source of purified drinking water to communities most affected by water stress and contamination.

As part of its intensified outreach during the critical period of **January and February 2025**, the Trust supplied a total of 514 water tankers—200 in January and 314 in February each with a capacity of 5,000 litres. This translated into a daily allocation of 20 litres per family, benefiting over 4,284 families across several underserved locations. For many households, this intervention meant not just access to water, but access to health, stability, and hope.

The success of the NTR Sujala initiative lies in its structured planning, need-based allocation, and consistent execution. By ensuring that clean drinking water reaches those who need it most, the Trust reinforces its mission of uplifting communities and safeguarding lives.

With growing climate challenges and increasing pressure on water resources, the NTR Sujala initiative stands as a model of sustainable humanitarian response—built on compassion, operational excellence, and long-term vision.

Every drop matters, and through NTR Sujala, every drop is delivered with purpose.



Free Education to Orphan/Under Privileged Children

Education is not just about academic achievement; it is about opening doors to opportunities. For many children, especially those facing adversity, education serves as a beacon of hope. It equips them with essential skills, instills confidence, and fosters resilience. By investing in education, NTR Memorial Trust is investing in a brighter future for these children and, by extension, for their communities.

At the NTR Trust School in Challapalli, **388 children** are supported annually, receiving holistic care in a nurturing academic environment. Since inception, **2114** students have benefited from this initiative, laying a strong foundation for their future.

In addition to direct support, the Trust has extended its educational outreach through scholarships totaling **₹3.92 crores**, awarded to economically disadvantaged students pursuing education in various institutions. Of this, **₹2.86 crores** in scholarships were exclusively granted to **372 meritorious girl** students enrolled at NTR Junior and Degree College for Women, reflecting the Trust's commitment to advancing girls' education.



Success Stories

NTR Memorial Trust is thrilled to share some inspiring success stories from its program participants. Children who once struggled in school are now excelling academically and discovering their passions.

	Mentor : Yarlagadda Srinivasa Rao																	
	<table border="0"> <tr> <td>Name</td> <td>: BOJJA SUSHMITHA REDDY</td> </tr> <tr> <td>Class</td> <td>: VI</td> </tr> <tr> <td>Father Name</td> <td>: BOJJA SAI REDDY</td> </tr> <tr> <td>Mother Name</td> <td>: BOJJA SWETHA – HOUSE WIFE</td> </tr> <tr> <td>Occupation</td> <td>: LABOUR WORK</td> </tr> <tr> <td>Address</td> <td>: BOREDDYGARI PALLI VILLAGE, GALIVEEDU MD, KADAPA DIST.</td> </tr> <tr> <td>Phone Number</td> <td>: 9866608882</td> </tr> <tr> <td>Family Background</td> <td>: My name is BOJJA SUSHMITHA REDDY, My father's name is BOJJA SAI REDDY, He is working as Labour work. My Mother's name is BOJJA SWETHA, she is House wife. We are very poor family. I have a Brother. I got Admission in VI class. I want to become a Doctor.</td> </tr> <tr> <td></td> <td>: I am thankful to NTR Trust for giving this admission.</td> </tr> </table>	Name	: BOJJA SUSHMITHA REDDY	Class	: VI	Father Name	: BOJJA SAI REDDY	Mother Name	: BOJJA SWETHA – HOUSE WIFE	Occupation	: LABOUR WORK	Address	: BOREDDYGARI PALLI VILLAGE, GALIVEEDU MD, KADAPA DIST.	Phone Number	: 9866608882	Family Background	: My name is BOJJA SUSHMITHA REDDY, My father's name is BOJJA SAI REDDY, He is working as Labour work. My Mother's name is BOJJA SWETHA, she is House wife. We are very poor family. I have a Brother. I got Admission in VI class. I want to become a Doctor.	
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Bringing the Essence of Araku to Hyderabad

Hyderabad welcomes a refreshing addition to its cultural and culinary landscape with the launch of a new coffee experience at Sthree Shakti Hasthakala, located opposite KBR Park in Banjara Hills. This space now offers visitors an opportunity to enjoy premium Araku coffee, celebrated for its unique character and naturally cultivated origins.

Grown in the pristine hills of Araku Valley by tribal farmers, the coffee reflects a legacy of sustainable farming and careful cultivation. Each cup served is thoughtfully prepared to preserve its rich profile, offering a distinctive and memorable experience for those who appreciate authenticity in every sip.

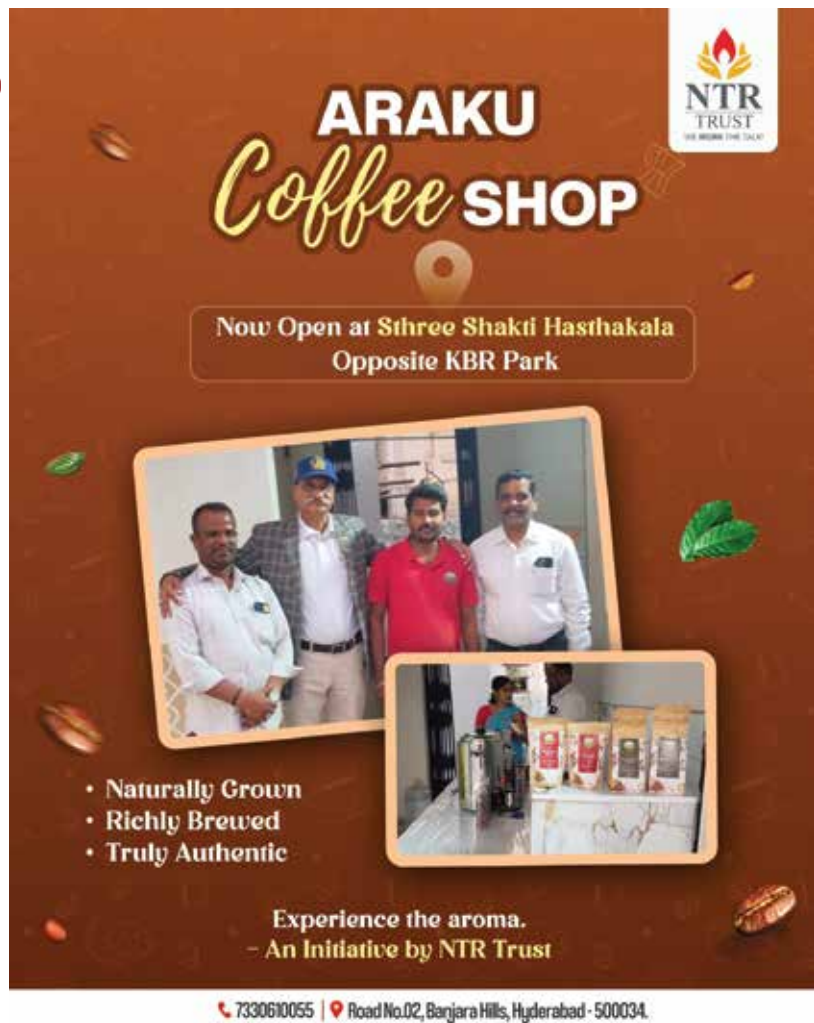
This initiative by NTR Trust goes beyond introducing a café—it serves as a meaningful platform that strengthens the livelihoods of tribal communities.

From Araku Hills to Your Cup

Pure • Ethical • Tribal-Sourced

Through this initiative, the Trust aims to bridge the gap between rural producers and urban consumers by bringing authentic, high quality Araku coffee directly to cities like Hyderabad. It ensures that farmers receive better value for their produce while consumers experience ethically sourced, premium coffee.

More than just a café, this effort reflects the NTR Trust's commitment to empowerment, self-reliance, and inclusive growth, transforming every cup of coffee into a step toward improving lives and preserving tribal heritage.

A promotional poster for the Araku Coffee Shop. The background is a warm brown color with scattered coffee beans. At the top right is the NTR Trust logo, which features a stylized flame and the text 'NTR TRUST' and 'THE HEART OF THE VALLEY'. The main title 'ARAKU Coffee SHOP' is in a large, elegant font, with 'ARAKU' in bold and 'Coffee SHOP' in a script font. Below the title, a text box says 'Now Open at Sthree Shakti Hasthakala Opposite KBR Park'. In the center, there are two photographs: one showing four men standing together, and another showing a coffee shop counter with various coffee products. Below the photos, a list of bullet points reads: '• Naturally Grown', '• Richly Brewed', and '• Truly Authentic'. At the bottom, it says 'Experience the aroma. - An Initiative by NTR Trust'. At the very bottom, contact information is provided: '7330610055 | Road No.02, Banjara Hills, Hyderabad - 500034.'

ARAKU
Coffee **SHOP**

Now Open at **Sthree Shakti Hasthakala**
Opposite KBR Park

• Naturally Grown
• Richly Brewed
• Truly Authentic

Experience the aroma.
- An Initiative by NTR Trust

7330610055 | Road No.02, Banjara Hills, Hyderabad - 500034.

“Every purchase contributes to sustainable livelihoods while offering a rich, authentic taste of Araku Valley.”



Empowering Through Sthree Shakti

Sthree Shakti stands as a strong testament to the transformative power of women-led progress. Through focused initiatives in skill development, entrepreneurship, and market access, it enables women to build sustainable livelihoods and achieve financial independence.

To date, the initiative has successfully trained 830 women across multiple skills, including tailoring, handicrafts, and artisanal work, with 139 women currently continuing their training journey. This ongoing effort reflects a deep commitment to fostering confidence, self-reliance, and long-term community empowerment.

A Platform for Tradition: Sthree Shakti Hasthakala

Sthree Shakti Hasthakala serves as a vibrant platform that celebrates traditional craftsmanship while creating meaningful economic opportunities for women and rural artisans. It showcases a diverse range of handmade products—from handlooms and handicrafts to eco-friendly and organic offerings—preserving cultural heritage while connecting it to contemporary markets.

More than just a marketplace, Sthree Shakti Hasthakala stands as a symbol of empowerment and sustainability. It provides artisans with visibility, dignity, and a stable source of income, while offering visitors an opportunity to support authentic, handmade creations. The initiative reflects a larger vision of inclusive growth, where tradition is preserved, and communities are uplifted through collective progress as envisaged by Smt. Nar Bhuvaneswari garu, Managing Trustee NTR Memorial Trust who is the main architect and driving force behind the concept of Sthree Shakti Hasthakala.



Nutriful : Your Digital Companion for a Healthier Life

Nutriful stands as a leading preventive digital health care and fitness platform, widely recognized for its personalized approach to nutrition and wellness. Through an intuitive app experience and expert support, Nutriful empowers individuals to achieve their health goals with tailored diet plans, customized fitness routines, and intelligent tracking tools.

Nutriful helps users create personalized immune-boosting plans based on their needs. It also connects with popular fitness band devices to provide real-time exercise updates, making it easy to track everything in one place.

Start today and be part of the Nutriful community !!

KEY FEATURES OF NUTRIFUL

1. Personalized Nutrition Plans :

Nutriful designs customized meal plans based on users' individual health goals, dietary preferences, and lifestyles. Whether aiming for weight loss, muscle gain, or holistic wellness, Nutriful delivers expert-driven recommendations tailored to every user's needs.

2. Fitness Tracking

The platform enables users to log workouts, monitor step counts, track calories burned, and access personalized fitness insights. Nutriful integrates seamlessly with major wearables, including Google Fit, Fitbit, Apple Watch, and Oura, ensuring a fully connected health journey.

3. Expert Guidance

Users are connected with certified nutritionists and fitness coaches who provide ongoing professional advice, personalized tips, and regular progress check-ins. Nutriful also offers specialized support for users managing specific health conditions, such as diabetes and hypertension.

4. Calorie and Macronutrient Tracking

Nutriful equips users with in-depth insights into daily calorie intake and macronutrient breakdowns (carbohydrates, proteins, fats, and fiber), along with essential micronutrient tracking, empowering informed and healthier dietary choices.

5. Food Scanner: Smarter Eating, Made Easy!

Your health journey just got a major upgrade! Our new AI-powered Food Scanner feature delivers more accurate nutritional insights for every item you scan. Now, making smarter, healthier food choices is quicker and easier than ever before.



SUPPORT US

Account Name - NTR Memorial Trust

Account Number - 50100034051074

Account Type - Current

Bank Name - HDFC Bank

Branch - Lakdikapul

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For your reference, donations to the Trust are eligible for deduction under section 80G of the Income Tax Act, 1961. Subsequent to your thoughtful donation, you will be issued with the requisite receipt.

Once the electronic transfer made, you are requested to kindly send an email to donations@ntrtrust.org, mentioning your Name, Address, Contact Number and Income tax PAN No. in the case of Indian Citizens and in the case of NRI Citizen Copy of your passport details, like the date of remittance, Bank name and etc.

Our mailing address is:

NTR Memorial Trust, NTR Bhavan, Road No.2
Banjarahills, Hyderabad- 500034, Telangana, India
040-48577888; www.ntrtrust.org

NTR Memorial Blood Centers

Hyderabad : 040 - 48577888

Visakhapatnam : 0891 - 2565858

Tirupati : 0877 - 2255668

Rajahmahendravaram : 0883 - 3595919

To know more about NTR Memorial Trust

Please log on to www.ntrtrust.org

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